

Farmers Market Produce Reclamation

We are so thankful that you are interested in volunteering with The Food Group. We cannot have any significant impact without support from people like you.

As we work towards greater food justice and equity, The Food Group relies on Farmers Market Rescue Volunteers to help save fresh, quality, local produce. To address the large quantity of food waste in our current food system, The Food Group works collaboratively with other organizations to reclaim and distribute produce to local food shelves. Since 2013, volunteers have helped save produce from the Minneapolis Farmers Market on Lyndale.

What is Farmers Market Produce Reclamation?

Local farms donate produce to The Food Group that would otherwise be composted/thrown away. We immediately offer this produce to food shelf and meal program partners who don't always have access to fresh, local, often organically grown produce.

Produce 'rescue' is a more popular term for saving produce that will go to waste, but it can be seen as lower quality. However, we only distribute high quality produce, so we choose to use the term 'reclamation.'

Volunteer

Join the Farmers Market Reclamation Team as we:

- Collect produce from local vendors
- Sort, organize, and pack produce for distribution to food shelf partners

Find opportunities on our VolunteerHub page.

Timing

- Sundays, July 9th-October (weather dependent)
- 11:45am-2:45pm (3 hours)

Attendees

- Minimum age is 15, with a guardian/parent for ages 15, 16
- No experience required, training will occur at the beginning of the shift

- There is flexibility with activities during the shift
 - o Most roles involve being on your feet for extended periods of time
 - Please reach out in advance with any needed accommodations—there is always a way that everyone can help out!

Location

- Minneapolis Farmers Market: 312 East Lyndale Ave N, Minneapolis, MN 55405
- Off of the Metro C and D lines
- Carpooling is recommended as parking at the Minneapolis market is limited

Groups

We love volunteer groups! There is a max of 15 volunteers per farmers market shift. Please view <u>group instructions</u> for detail on how to register.