

Volunteer Groups

At The Food Group, volunteer groups are the driving force behind our mission. We host many groups at our warehouse and strive to create a welcoming environment where your group can incorporate a lunch, presentation, or meeting as part of your shift. Onsite parking and wheelchair access is available.

Everyone is welcome. Let us know any needs or accommodations to ensure volunteers have the best experience possible.

How It Works:

- **Volunteer with Us:** Pick a Thursday 10am-12pm or 1-3pm that suits your schedule (ideal group size: 10-40 people)
- **Get Started:** Email volunteer@thefoodgroupmn.org

Summer Group Opportunities:

- **Volunteer with Us:** Thursdays AM - produce gleaning at orchards/farms; Sundays - food reclamation at the Minneapolis Farmers Market on Lyndale
- **Get Started:** Email Marena at mekblad@thefoodgroupmn.org

Introducing Group Sponsorships

Extend your support beyond the volunteer experience. Becoming a corporate/group sponsor isn't required to volunteer, but it does allow your group to directly contribute to supporting our food access partners! This ensures diverse and culturally relevant food options reach those who need it most.

- **Seamless Process:** We'll handle the details. From coordinating your volunteer session to setting up your sponsorship, we've got you covered (sponsorships require 30-45 days' notice).

Why Sponsor?

- **Extend Your Impact:** Provide food credits to our partner food shelves, reaching more individuals and families with nutritious, culturally relevant food.
- **Community Connection:** Strengthen your team's connection to our mission and the local community.
- **Get Started:** Email Lonny at levans@thefoodgroupmn.org

Thank you for considering this exciting opportunity to be a force for positive change. Let's build a healthier, more equitable food system together!